

BIRMINGHAM

Frances King Quick

SHAREHOLDER



Frances's Profile

Frances King Quick serves employers in the establishment and maintenance of qualified and nonqualified retirement plans and welfare benefit plans, including ESOP transactions, IRAs, plan qualification, plan terminations, prohibited transactions, and fiduciary compliance. Her practice is geared toward providing employees and financial institutions the most effective and efficient means of accomplishing their business goals. She is experienced in a wide range of matters involving employee benefit plans.

Frances' extensive experience in these practice areas has been widely recognized. Frances was listed as Best Lawyers® 2016 ERISA "Lawyer of the Year" in Birmingham, and she has been listed in The Best Lawyers in America® consistently since 2007, and in Mid-South Super Lawyers. Frances has also been listed as The Best Lawyers in America® in Health Care since 2010.

In 2016, Frances was inducted as a Fellow into the American College of Employee Benefits Counsel. She is a Life Fellow of the Birmingham Bar Foundation. Frances is a frequent speaker on topics of interest to benefits professionals and she was an adjunct professor at the University of Alabama School of Law teaching ERISA in 1997 and 1998.

Prior to joining Maynard Cooper, Frances was a Law Clerk to former Northern District of Alabama Chief Judge Sam C. Pointer, Jr. from 1991-1992. Following her clerkship, she practiced with another Birmingham firm from 1992-2008.

Frances's Awards

- The Best Lawyers in America® for Employee Benefits (ERISA) Law and Health Care Law (2007-present)
- Best Lawyers® 2016 and 2021 "Lawyer of the Year" in ERISA

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RELATED INDUSTRIES/SERVICES

[Employee Benefits & Executive Compensation](#)
[Employee Stock Ownership Plans "ESOPs"](#)

- Mid-South Super Lawyers for Employee Benefits (2016 - present)
- Alabama Super Lawyers - Employee Benefits/ERISA (2008-2015)
- Fellow, American College of Employee Benefits Counsel
- Named Top ERISA Lawyer by Birmingham Magazine (2011)
- Birmingham Business Journal's Best of Bar, 2006 - Employee Benefits and Executive Compensation
- Birmingham Bar Association - Burton Barnes III 2012 Public Service Award
- Fellow, American Bar Foundation
- Birmingham Bar Association, Women Lawyers Section - Distinguished Service Award, 2002, 2010, 2014
- Martindale-Hubbell AV® Preeminent Rating - 2000-Present
- Bar Register of Preeminent Women Lawyers
- Birmingham Business Journal Bizwomen Mentoring Monday Mentor
- Life Fellow, Birmingham Bar Association

Frances's Affiliations and Civic Involvement

Affiliations

- American Bar Association, Member
- Alabama State Bar Association, Women's Section
- Birmingham Bar Association, Executive Committee 2005-2008; Past Chair, Women Lawyers Section
- University of Alabama School of Law Leadership Council
- North Alabama Society of Human Resource Managers (NASHRM)

Civic Involvement

- Leighton Civic Club, Vice President 2019-2021
- Junior Achievement of Alabama Board of Directors, Executive Committee, Board Chair 2015-2017
- The Women's Network, President 2009
- Daughters of the American Revolution, Chief Colbert Chapter
- Maud Lindsay Study Club
- P.E.O., Alabama Chapter S, Chaplin
- Chair, Board of Trustees, Leighton United Methodist Church
- King Cemetery, Secretary
- Birmingham Duplicate Bridge Club, Member
- Women's Wednesdays

Bar Admissions

State Bar: Alabama

U.S. District Court: Alabama (Northern, Middle, Southern)

U.S. Court of Appeals: Eleventh Circuit

U.S. Tax Court

Education

- University of Alabama School of Law
 - (1991, J.D., Alabama Law Review, Managing Editor; Dean M. Leigh Harrison Award; Order of the Coif; Hugo L. Black Scholar; John A. Campbell Moot Court Board; Bench and Bar Legal Honor Society; Farrah Law Society)
- University of Alabama
 - (1979, B.A.)